**Traits of character**

Suggested level – B1

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**Objectives:**

Students will:

* Define and give examples of various character traits;
* Explain how character traits are displayed in everyday life;
* Discuss and write about positive and negative character traits;
* Improve listening, reading, speaking skills through different activities

**Procedure:**

1. **Ice Break Game**

T: Good morning, boys and girls! I am glad to see you! How are you?

And now let's speak about feelings and emotions on your way to school.

(Pupils express their points of view.)

T: The person's character is the God's gift. If you want to be successful in your life and get along with others, certain personal traits can help you.

And today we are going to talk about traits of character. Look at the poster and read what is written there.

“Every human has three characters – that which he exhibits, that which he has, and that which he thinks he has.”

1. **Warm –up.**

T: First, make a mind map with the words you associate with the topic.

Kind

Serious

Honest

Brave

Lazy

Patient

Friendly

Reliable

Confident

T:And now tell me please, which features of character do you appreciate in people? What kind of people do you respect? Name negative features you did not want to have.

(Pupils give their answers.)

1. **Main Part.**

Activity 1. Running dictation

T: I will divide the class into 2 groups. You will have to read the words from your cards, run to the blackboard and write the words there.

* 1. Polite calm
  2. Competitive friendly
  3. Considerate sociable
  4. Generous forgiving
  5. Witty hard-working
  6. Energetic cheerful
  7. Industrious optimistic
  8. Sincere timid
  9. Impatient slow

T: Now on the blackboard you have some important qualities in people. Write these qualities in order of importance for you. You’ll work in group and write down your answers on these papers.

Let us check up are your points the same? Can you explain your choice? Use such expressions: In my opinion…, I think…, To my mind…

Activity 2.Listening.

T: Now you are going to listen to four teenagers talking about themselves. Note the adjectives of personality that best describes each person.

**Tapescript:**

Rose:

Well, yes, I suppose that it is fair to call me that. I don’t know. It is just that I love sleeping. I hate getting up early. And if you give me a choice between doing something active like sport or just lying on a sofa watching TV all day, I Will definitely go for lying on the sofa. And even better if I can stay in my pyjamas all day. (Lazy)

William:

No, the thing is that I do not think I am the best, the most intelligent and the most attractive. I am the best, the most intelligent and the most attractive. In fact, I am the best at everything. (Arrogant)

Jessica:

I hate it when people move my things. In my room, everything is always in exactly the right place. I never leave my clothes out and my desk is always ready for work. The thing is that when you are like me, you always know where to find things. (Tidy)

Brandon:

Oh, I really hate that. When my friends arrive late and make me wait, I get really angry with them. And waiting for buses or trains just makes me lose control. Even waiting for just two or three minutes gets me angry. (Impatient)

Activity 3.Reading.

Before reading

T: Look at the photos in the article and describe what you can see. Why do you think these two people are so special?

While reading.

Now read the article and check your ideas.

Tom Sietas

When people first see Tom Sietas, they do not usually notice anything special. He is not very tall, and he is not particularly well-built. But those factors help Tom to do something incredible. Tom has the world record for static apnea. In other words, Tom can hold his breath underwater, without moving, for just over 22 minutes. He only discovered his ability by accident when he went diving in Jamaica at the age of 18. Because he is not very big, it means that he does not need to get a lot of oxygen to his muscles. And it helps that his lungs are 20 % larger than is usual for his height and build. But it is not only a question of his body. His personality plays a big part in his success, too. Thought processes use a lot of oxygen. So it is important that Tom is calm and patient. Luckily, he rarely gets nervous in the water. In fact, Tom is so calm that he occasionally falls asleep underwater. Obviously, he always trains very carefully to prepare for a new record because what he does is highly dangerous. We are waiting this year to see what he does next. Are we expecting another record attempt? Definitely!

Judit Polgar

People are always saying that geniuses are born, not made I want to prove that it is not true! This was the obsession of a Hungarian teacher called Laszlo Polgar. To prove that he could make someone a genius, he took his three daughters out of school and started to teach them a specialist subject – chess. One of the three, Judit, is now the greatest female chess player of all time and the only woman so far to be in the world top 10! Laszlo himself wasn’t a great chess player, but he was a clever teacher. At first, Judit's sisters were better than her, but she gradually became more serious about playing. At first, she played just ten minutes a day. When she was 12, it had increased to ten hours. At 15 she was the youngest grandmaster ever. To win at chess, you need to be confident, hard-working and a little bit selfish. Judit's wins include victories against 10 male world champions, including Kasparov and Karpov. Thanks to Judit, little by little, people are starting to pay more attention to women chess players.

After reading.

Define are the statements True or False?

1. For what Tom does, it is important to e big and strong.
2. Tom can swim underwater for over twenty minutes without breathing.
3. Tom always knew about his natural talent for staying underwater.
4. Mental qualities are also important to be good at static apnea.
5. Laszlo Polgar had a theory and he proved that it was true.
6. Judit's chess ability was easy to see right from the beginning,
7. From the start, she played for hours and hours every day.

**IV. Summing-up.**

**T:** Let's sum up what we have discussed in the lesson. What features would you like to improve or develop in your character? What personality do you intend to be?

Our time is over. Thank you very much for our lesson. You were active, hard-working, creative and cute. Your marks are … .

1. **Home assignment.**

Write down a list of your strong points. Be ready explain why.